

Cole Crops 2023

BROCCOLI, BROCCOLINI		
Aspabroc® Broccolini®	50-60 days	A.k.a. baby broccoli; F1 hybrid of broccoli and gai lan (Chinese broccoli, Chinese kale, or kailaan); long tender stalks, small florets, sweet, peppery flavor; side shoots rather than main stalk are harvested - remove main stalk as plant matures to increase side shoot development; may be harvested 3-5 times during season
DeCicco Broccoli	50-90 days	Old and reliable European variety; good yields of small, uniform blue-green heads, with prolific side-shoot production; fine for freezing; grow 2-3 ft., resists mildew; heirloom, open pollinated
Early Dream Broccoli	60 days	F1 hybrid that replaces Early Dividend; heat tolerant and disease resistant; develops many side shoots after the crown is harvested, which extends the harvest till fall or a hard freeze; large, domed crowns, tightly beaded florets, excellent flavor
Early Purple Sprouting Broccoli	65-200 days	English heirloom variety, very cold hardy; produces lots of beautiful purple side sprouts after central small crown has been cut; tender, delicious, and sweet; leaves are also delicious, like a sweeter version of kale; can be planted in early spring, for a late spring, early summer harvest, or can be planted in fall, to overwinter for an early spring harvest; will require a heavy mulch and possibly cover to overwinter, as our climate may be harsher than England's
Fiesta Broccoli	65 days	Sturdy, disease resistant plants; 5-7 in., blue-green, tightly domed heads. Good tolerance to hot and cold temps, adaptable and dependable for spring and fall planting. F1 hybrid.
Packman Broccoli	50-55 days	Widely adapted hybrid, tolerates hot, dry conditions and most soil types; yields dense, uniform 6-8 in. heads and ample side shoots; grows upwards of 2 ft.; F1 hybrid
Premier Broccoli	62-75 days	F1 hybrid that replaces Premium Crop. Heat tolerant and mildew resistant. Compact growth habit. Crown is large (9in.), smooth, florets tightly beaded, crisp and delicious.
Romanesco Italia Broccoli	85 days	Striking lime-green heads, conical with a fractal pattern of small spiraling florets; mild flavor, nutlike texture; great fresh for salads and dips; open pollinated
Waltham 29 Broccoli	60-95 days	Blue-green, solid, medium-sized heads, plentiful side shoots; compact plant, grows 20 in. high or so; tolerates dry conditions; open pollinated; cold hardy
BRUSSELS SPROUTS		
Jade Cross	75-90 days	F1 hybrid; 1959 AAS winner; heat tolerant, vigorous, high yielding, compact (28-30 in. tall) plants; early producer of dark green, long stemmed, 1 in. sprouts that are mild flavored and crisp textured, great roasted or sauteed, and freeze well; as sprouts begin to appear, cut off the top and side leaves so more of the plant's energy goes to the sprouts; the leaves are delicious stir fried;
Long Island Improved	80-115 days	Produces heavy set of firm, dark green, 1-2 in. sprouts over extended season; freezes very well; harvest after frost for best flavor; open-pollinated
CABBAGE		
Alcosa Mini Savoy	70-72 days	F1 hybrid; 2-4 lb. heads, blue-green, ruffled leaves, tight, pale yellow interior; great for close planting, small spaces; after main head is picked, tiny 'mini-er' heads form on stalks
China Express	65-80 days	Slow bolting Napa type; tight, uniform, barrel-shaped heads, 8-9 in. tall and 4-5 lbs.; sweet, crisp leaves, terrific in stir-fries or raw in salads; F1 hybrid
Copenhagen Market	65-85 days	6-8 in., 3-4 lb. heads on a compact plant; great for sauerkraut and the table; stands in field without splitting; stores well; heirloom, open pollinated

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Danish Ballhead	90-100 days	Tight, 5-6 lbs., 7-10 in. heads; mild, tender, light-green leaves; versatile, excellent for sauerkraut, slaw, cooking; keeps well in field and storage; heirloom, open pollinated
Dynamo	70 days	Bluish-green heads are dense, small, short-cored, about 2 1/2 lb.; resists black rot; AAS in 1997; F1 hybrid
Early Flat Dutch	75-85 days	Large, solid, 4-7 lb., 7-10 in. flattened heads on compact plant; good for sauerkraut; tolerates heat; one of the best for storage; heirloom, open pollinated
Golden Acre	65 days	Tight, solid heads average 3-5 lbs., 5-7 in. diameter; sweet leaves are good in salads; not a long keeper; tolerates poor soil, resists yellows; open pollinated
Golden Cross Mini	40-45 days	Flavorful, early maturing, ballhead type; compact habit for dense planting or small spaces; soft ball sized, 2 lb., firm, short cored, deep green heads; F1 hybrid
Gonzales Mini	66 days	F1 hybrid; round; 4-6 in., 1 lb. heads, dense, uniform, crunchy, sweet/spicy; compact plants great for high density planting, small spaces
Late Flat Dutch	95-105 days	Firm, flattened green heads with white interiors; 10-12 in. across and 8-12 lbs.; great for any dish; stores well; heirloom, open pollinated
Red Acre	75-100 days	Handsome, compact plant; solid, deep purple-red heads, 5-7 in. and 2-4 lbs.; crisp, tender leaves are good raw or cooked; best storing red; resists splitting, will last in field; resists yellows; open pollinated
Ruby Perfection	85 days	Deep-red, solid, uniform, 4-5 lb. heads; crisp, flavorful flesh, nice in salads and slaw; F1 hybrid, resists splitting and yellows, tolerates thrips, stores well
Savoy Ace	78-80 days	F1 hybrid; round, 3.5 lb., firm heads with crinkled, deep-green leaves, creamy interiors, short cores; sweet and tender; holds well in field; 1977 AAS winner
Super Red 80 Mini	73 days	F1 hybrid; round, red, small to mini-cabbages with tender, crisp, peppery leaves; 3-5 lb. heads resist splitting; can be planted closely or in small spaces; holds well in field
Sweet Slaw Cabbage	65 days	Smooth, dense, green, conehead cabbage, great for slicing and shredding for coleslaw or sauerkraut; crack resistant.
CAULIFLOWER		
Cheddar Hybrid	58-68 days	4-7 in. wide, 2-3 lb. light-orange heads; good raw, and color brightens when cooked; extra beta carotene; no tying of leaves required; F1 hybrid
Early Snowball	60 days	Heirloom, open pollinated; compact plants; smooth white heads, 6-7 in. across; crisp and tender raw, delicious roasted, baked, steamed; freezes well
Graffiti	80 days	Brilliant purple, true cauliflower heads; beautiful and flavorful cooked or raw, make colorful kimchi; heat resistant, drought tolerant, but slow to head up in cool weather; keep color bright by adding a tablespoon of lemon juice to cooking water; high in antioxidants; F1 hybrid
Self Blanche	68 days	Plant wraps itself with leaves (in cool weather) so you don't have to; snowball type, with uniform 3-4 lb., 7-8 in. heads; open pollinated
Snow Crown	50-55 days	Vigorous, reliable producer of dense, white heads, up to 2 lb. and 6-8 in. wide; excellent fresh or cooked; AAS in 1975; F1 hybrid
COLLARDS & KALE		
Vates Collards	75-80 days	Classic non-heading variety; broad, wavy, dark-green leaves with tender texture and mild cabbage-like flavor; adaptable, cold-hardy; open pollinated
Blue Curled Vates Kale	55 days	Somewhat shorter and more compact blue-green kale; ruffled leaves with mild flavor; open pollinated

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Lacinato Kale	60-65 days	Tuscan heirloom, known generally as dinosaur kale; dark blue-green, strap-like leaves, 10-20 in. long x 3 in. wide, with pebbled texture; widely considered best-flavored variety for light cooking, also excellent in salads, soups, stews; 3 ft. tall plants produce over long season; open pollinated
Redbor Kale	65 days	Edible and ornamental upright kale with very frilly, finely cut leaves; as temperatures drop the color changes from green to deep red, the flavor becomes sweeter and the leaves become curlier; beautiful in the garden; delicious in salads and stir fries; grows 18-24 in. high and wide; F1 hybrid
Russian Red Kale	50 days	Heirloom, open pollinated; early variety; tender leaves, mild flavor; deeply lobed grey-green foliage, purple stems; after frost, leaves turn deeper purple and taste sweeter; winter hardy; grows 2-3 ft. tall
Tronchuda Kale a.k.a. Portuguese Sea Kale	85 days	Large, flat, rounded, blue-green leaves with prominent veins, in loose, open heads; sweeter and more tender than other kales and delicious raw, or cooked in soups, stews, stir fries; ribs can be sautéed or eaten raw like celery; grows 2 ft. high and wide; heat and drought tolerant but would benefit from afternoon shade as tips can burn; open pollinated
Winterbor Kale	55-65 days	Dutch hybrid that can reach 3 ft. tall; mild, sweet yet slightly tangy flavor; high yields of long, blue-green, tightly ruffled leaves; harvest baby leaves in 28 days; very cold-tolerant; F1 hybrid
Kalettes	110-138 days	An F1 hybrid of Brussels sprouts and kale, developed through traditional cross pollination breeding methods. Grown and harvested like Brussels sprouts, with florets that look like mini-heads of green and purple kale instead of the tight buds of sprouts; very slow to mature. You will have large, tall plants before florets appear - patience required - our kalettes didn't develop till February (so don't pull them up in the fall). Harvest florets when they are 1.5-2 in. diameter; delicious raw, roasted, grilled, stir fried, sautéed.
Autumn Star Kalette	110 days	Earliest Kalette; vigorous, productive; sweet, nutty flavor
KOHLRABI		
Purple Vienna Kohlrabi	55 days	Above ground 'bulbs' with purple skin, sweet, white interior; delicious cooked or raw; use bulbs when apple size before they get woody; young leaves have flavor reminiscent of kale or cabbage; cold hardy; pre-1860 heirloom, open pollinated
Grand Duke Kohlrabi	50-55 days	Early variety, mild flavor and crisp whitish flesh; harvest bulbs at 2-4 in.; good raw, sautéed or steamed; use young leaves in salad, cook older leaves à la Swiss chard; resists black rot; AAS in 1979; F1 hybrid
ASIAN VEGETABLES		
Osaka Purple Mustard	30-45 days	Japanese mustard with purple and green ruffled leaves; spicy, pungent flavor; use young leaves and stems in salads, stir-fries, sushi, larger leaves as boiling greens; open pollinated
Red Giant Mustard	21-45 days	Japanese mustard with large, reddish purple leaves; baby leaves (21 days) tasty in salads, sushi; larger leaves great for Asian cooking; open pollinated
Joi Choi Bok Choy	45-55 days	Tender, dark-green leaves and 10 in. long, crunchy, snow-white stems form compact bunch; adds slight mustardy flavor to stir-fry, nice as baby green in salad; more bolt-resistant than most varieties, performs well in heat or cold; F1 hybrid
Toy Choy Baby Bok Choy	30-40 days	Single serving size - 4-6 in. tall; crisp white stems, dark green leaves, mild flavor; superb sautéed or roasted, in soup and stir-fry; vitamin- and nutrient-rich; good for successive sowing, works well in containers; F1 hybrid

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Tatsoi	25-45 (baby greens to full size)	Rosettes of round, deep green leaves with white crunchy stems; mild, sweet flavor; nutrient dense - full of vitamins, minerals, and healthful compounds; great for salads, soups, stir fries; bolts quickly when the days start heating up in later spring; open pollinated
Companions for Cole Crops		Aromatic plants such as chamomile, dill, garlic, onions, mint, thyme, catnip, hyssop, rosemary, sage; nasturtiums, beets, bush beans, celery, cukes, lettuce, potato, spinach. Cole crops, except for collards, are said to dislike tomatoes, pole beans, strawberries. Studies at Cornell showed that collards have fewer flea beetles when interplanted with tomatoes.