

Herbs 2024

Herb	Botanical Name	Plant Description	USDA Zones
Basil	<i>Ocimum spp.</i>	Separate list available.	
Bay Laurel	<i>Laurus nobilis</i>	Tender Perennial (overwinter indoors). Small, evergreen tree that grows to 3-5' (13-15' in mild climates). Shiny, leathery leaves have many culinary uses. Outdoors - morning sun, afternoon shade; indoors - sunny window.	8 - 12
Bee Balm	<i>Monarda fistulosa</i>	AKA Wild Bergamot. Perennial. Ht. 2-4'. Rose-lavender whorls of tubular flowers and grey-green leaves have a strong spicy scent and flavor similar to Earl Grey tea. Tea can be made with both flowers and leaves. Also used in salads, desserts, drinks, and with fish. Attracts bees, butterflies, hummingbirds and is disliked by deer. Helps repel mosquitoes. Full to part sun.	3 - 9
Borage, White Borage, Blue	<i>Borago officinalis</i>	Annual (will self-sow). Ht. 2-3'. Greyish-green, prickly leaves and beautiful, star-shaped, white or blue flowers. Add young leaves and flowers to salads for cucumber flavor. Very attractive to bees. Known as the herb of gladness. Full sun.	
Burnet, Salad	<i>Sanguisorba minor</i>	Perennial. Ht. 6-12". A decorative little herb with ferny foliage and cucumber flavor. Use in salads, soups, and sauces. Full sun.	4 - 10
Calendula	<i>C. officinalis</i>	AKA Pot Marigold. Annual (that will self-sow). Ht. 12-18". Yellow, daisy-shaped flowers and soft green foliage. Peppery flowers are edible and a delightful addition to salads. Flowers can also be used as a beautiful yellow dye, as a cut flower, and in herbal remedies. Popular with pollinators. Cool season plant. Cut back in the heat of summer for fall regrowth. Full sun.	
Caraway	<i>Carum carvi</i>	Biennial. Ht 1-2'. Foliage is similar to that of carrots with a parsley/dill flavor. Use in salads and soups. White umbel flowers produce seeds with warm, aromatic flavor that is excellent in baked goods. Harvest seeds when grayish brown about 1 month after flowering. Full sun.	3-9
Catnip	<i>Nepeta cataria</i>	Perennial. Ht. 2-3'. Grey-green leaves and violet flowers. Attracts beneficial insects, used in teas for relaxation, and loved by many (not all) cats. Rubbed on skin, it's a natural insect repellent. Full sun.	4 - 11
Lemon Catnip	<i>Nepeta cataria citriodora</i>	Perennial. Ht. 2-3'. Same qualities and uses as regular catnip (above) but with green leaves, lemony scent, and purple spotted white flowers. Full sun.	3 - 9
Chamomile, German	<i>Matricaria recutita</i>	Annual (will self-sow). Ht. 18-30". Bright green, ferny leaves and small, white daisy flowers with yellow centers have many uses: calming tea, perfume, hair rinses. A sweet addition to salads, desserts, and drinks. Attractive to beneficial insects. Full sun.	
Chamomile, Roman	<i>Chamaemelum nobile</i>	Perennial. Low-growing, 6" x 16. Fragrant, feathery foliage and tiny white daisy flowers with yellow centers. Use for tea, as a sweet addition to salads, desserts, and drinks. Plants make beautiful ground cover that can be mowed. Full sun.	5 - 9
Chervil	<i>Anthriscus cerefolium</i>	Annual (may self-sow). Ht. 12-20". Parsley-like green leaves with delicate anise flavor. Use in spring soups and salads and as garnish. Morning sun, afternoon shade.	

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Chives	<i>Allium schoenoprasum</i>	Perennial. Ht. 12-15". Forms tight clumps of very tiny bulbs which can be easily separated and transplanted. Edible pale purple blossoms and slender deep green, tube-like leaves. A useful and decorative kitchen herb. May be divided every few years. Full sun.	3 - 9
Chives 'Fine Leaf'	<i>Allium schoenoprasum</i>	Perennial. Ht. 12". Narrow leaves stay tender. Attractive, lilac-pink flowers are also edible. Frost hardy. Full sun.	3-9
Chives Garlic	<i>Allium tuberosum</i>	Perennial. Ht. 10-20". Strong garlic flavor that is popular in Chinese and Japanese dishes. Flowers are good for pollinators and add interest to dry bouquets.	3-9
Chives Geisha Garlic	<i>Allium tuberosum</i>	Perennial. Flattened blades like little leek leaves are wider, longer, and larger than regular garlic chives. Subtle garlic flavor is perfect for uncooked dishes where raw regular garlic might be overwhelming. Many other culinary uses. Pretty white flowers in late summer. Full sun.	3 - 9
Chives 'Staro'	<i>Allium schoenoprasum</i>	Perennial. Ht. 12-18". Best variety for processing due to heavy leaf. Dry as 1/4" pieces in a single layer on a screen.	3-9
Chives Welsh Onion (Red or White)	<i>Allium fistulosum</i>	Perennial. Similar to scallions and chives but with a much larger, hollow, tubular leaves. Flavor is slightly stronger than regular chives but milder than an onion. Large, ivory, spherical, edible flowers. Not really from Wales, the name comes from Old English " <i>welisc</i> " and Old German " <i>welsche</i> " which both mean foreign. Full sun.	6 - 9
Cilantro (Coriander) 'Calypso'	<i>Coriandrum sativum</i>	Annual (may self-sow). Ht. 12-18". Popular herb for Mexican and Asian cooking. Strongly flavored, parsley-like foliage called cilantro while seeds are called coriander. Roots are also used in Thai and Indian cuisines. A slow bolting, 'cut and come again' variety. Freeze or dry for winter cooking. Morning sun, afternoon shade slows bolting.	
Comfrey	<i>Symphytum officinale</i>	Perennial. Ht. 2-3' by 3' wide. Large, fuzzy leaves and white to violet, bell-shaped flowers that attract pollinators. Often used as a fertilizer or living mulch, it also has medicinal uses (research before use). Full to part sun.	3 - 9
Coriander, Vietnamese	<i>Persicaria odorata</i> (a.k.a. <i>Polygonum odoratum</i>)	Tender perennial (winter indoors). A trailing herb with flavor similar to cilantro. It is an essential ingredient in many Asian dishes. Pretty plant great for a hanging basket. Morning sun, afternoon shade.	9-11
Cumin	<i>Cuminum cyminum</i>	Annual (may self sow). Ht. 6" Seeds are used to flavor all kinds of culinary delights from chili to curries. Feathery foliage is used as a flavoring or addition to salads. Used in herbal remedies. Flowers (umbels of white or pink) attract beneficials. When seed heads turn brown, cut stem of umbels and place in paper bag to shake out seeds. 100-115 days to harvest. Open pollinated. Full sun.	

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Dill, Bouquet	<i>Anethum graveolens</i>	Annual (may self-sow). Ht. 24-36" with flower/seed umbels 6" wide. Dark green leaves with fabulous flavor and aroma. Excellent seed and leaf (dill weed) production. Very attractive to beneficial insects. Full sun.	
Dill, Fernleaf	<i>Anethum graveolens</i>	Annual (may self-sow). Ht. 12-15". Very slow to flower. Grown for the tasty, aromatic, abundant, blue-green leaves (dill weed). Small size is perfect for containers. AAS winner 1992. Very attractive to beneficial insects. Full sun.	
Dill, Mammoth	<i>Anethum graveolens</i>	Annual (may self-sow). Ht. 4-6'. Flower/seed umbels are very large and have been known to produce nearly a cup of seed each. Delicious, aromatic, feathery, green leaves. Very attractive to beneficial insects. Full sun.	
Echinacea	<i>E. purpurea</i>	AKA Purple Cone Flower. Perennial. Ht. 24". Hardy and tough with beautiful, pink/purple, daisy-like flowers. Attractive to pollinators and birds. Popular in herbal remedies. Full sun.	4-9
Epazote	<i>Chenopodium ambrosioides</i>	Annual (self-sows). Ht. 3'. A strongly flavored and scented (bitter, musky, lemony) herb used in Mexican and South American cooking. Full sun.	
Fennel 'Bronze' or 'Sweet'	<i>Foeniculum vulgare</i>	Perennial (will self-sow). Ht. 3-6'. Tall and hollow-stemmed with finely cut leaves and brown seeds. Both leaves and seeds are used for mild anise flavoring in salads, cooking, teas, liqueurs, vinegars. Bronze fennel is a host plant for swallowtail butterflies. Full sun.	5 - 11
Feverfew	<i>Tanacetum parthenium</i>	Perennial (will self-sow). Ht. 18-24 in. Chrysanthemum-like leaves, white daisy flowers with yellow centers. Leaves are eaten or infused in tea to reduce/relieve migraines. Full sun.	5 - 9
Horehound	<i>Marrubium vulgare</i>	Perennial (can self sow excessively). Ht. 2-2.5'. Crinkly, grey-green, fuzzy leaves with white, pink, or purple flowers. Rich in vitamins A, B, C, E and other nutrients. Used in herbal remedies. Leaves are used for tea, oil is used in perfume and potpourri, and infusions are used to make cough drops, candy, and liqueurs. Full sun.	3 - 10
Hyssop	<i>Hyssopus officinalis</i>	Perennial. Ht. 18-24". Aromatic and decorative plant. Leaves and flowers are used as a seasoning (somewhat bitter, sage/mint flavor) and in teas. Spikes of blue or pink flowers. Full sun.	3 - 9
Jiaogulan Immortality	<i>Gynostemma pentaphyllum</i>	Tender Perennial (overwinter as houseplant). Ht. up to 25'. Has a vining habit and requires trellising. Plants are either male or female, and both are needed to save seeds. Plant several and hope for the best or propagate from cuttings. Leaves can be used in salads, pasta, and stir fries. Makes an interesting sweet tea (leaves are naturally sweet). The people of Guizhou Province in southern China drink jiaogulan tea every day, in the mornings for strength and endurance and in the evening to relax and sleep well. They are reputed to live long and healthy lives, hence its sobriquet, "Immortality Herb." This tea and jiaogulan supplements may offer health benefits for a variety of issues, but please be cautious, many folks are sensitive to this herb depending on the medications they may take or the illnesses they may have. Morning sun, afternoon shade.	8 - 10
Lavender; Lavandin	<i>Lavandula spp.</i>	Separate list available.	

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Lemon Balm	<i>Melissa officinalis</i>	Perennial (will self sow). Ht. 36". Lime green leaves are strongly scented with lemon, lovely to brush against on a hot summer day. <u>Extremely</u> invasive. Grow only in a pot and remove flowers before seed set. Harvest before flowering, and use fresh leaves in teas or to flavor fish or chicken. Also used in herbal remedies. Flowers are attractive to pollinators. Morning sun, afternoon shade or full sun.	4-9
Lemon Balm 'Limoncello'	<i>Melissa officinalis</i>	Ht. 6-12". Similar to species but extra lemony and has a creeping, spreading habit.	4-9
Lemon Balm 'Mandarina'	<i>Melissa officinalis</i>	Ht. 6-12". Similar to species but with orange notes and a creeping, spreading habit.	4-9
Lemon Grass	<i>Cymbopogon citratus</i>	Very Tender Perennial (overwinter indoors). Ht. 3-5'. Clumping tropical grass. For Asian inspired dishes, bulbous stems can be chopped and added or make an infusion of leaves and stems, strain, and add. Also makes a tasty tea. Full sun.	11 +
Lemon Verbena	<i>Aloysia triphylla</i> (a.k.a. <i>Aloysia citriodora</i> , <i>Lippia citriodora</i>)	Tender Perennial (overwinter indoors). Ht. 3-4'. Woody shrub with narrow, pointed leaves and tiny, white/lilac flowers. Leaves and flowers have intense lemon scent and are used as flavoring in teas, liqueurs, and any recipe requiring a lemon flavor. Very nice with fish and poultry. Full sun.	8 - 10
Lovage	<i>Levisticum officinale</i>	Perennial. Ht. 6'. Vigorously growing herb with large, parsley-like leaves. Strong celery flavor is nice in soups, stews, and casseroles. New shoots are eaten like celery, stems are candied like angelica, and seeds are added to breads. Sun to part shade.	5-8
Marjoram, Sweet	<i>Origanum majorana</i>	Annual. Ht. 12". Grey-green leaves and white flowers. A spicy-sweet culinary herb used fresh or dried. Full sun.	
Mints		Separate list available.	
Nasturtium	<i>Tropaeolum majus</i> , <i>T. minus</i>	Annual. Pretty flowers on plants that may be vining or bushy. Leaves, flowers, and seeds are edible. The leaves and flowers add peppery notes to salad, the seeds can be dried and ground to use as pepper, and the young, unripe seedpods can be pickled and used as capers. Full sun.	
Oregano, Common	<i>Origanum vulgare</i>	Perennial. Ht. 1-2'. Pink/white flowers, deep green leaves, and bold, peppery flavor. Essential for pizza! Full sun.	5 - 11
Oregano, Compact	<i>Origanum vulgare compactum</i>	Perennial. 8" x 12". Dark green, fragrant foliage. A milder culinary oregano that is perfect for containers. Full sun.	4 - 9
Oregano, Golden Green	<i>Origanum vulgare 'Aureum Green'</i>	Perennial. Ht. 8". Light green leaves and clusters of purple flowers in summer. Makes an interesting and edible addition to mixed containers. Full sun.	5-8
Oregano, Golden	<i>Origanum vulgare 'Aureum'</i>	Perennial. 6-12" high x 12-18" wide. A creeping oregano with cheery yellow leaves, blooming pink/purple in summer. Use fresh or dried for cooking (a milder oregano in flavor). Attracts pollinators and is said to repel deer. Morning sun, afternoon shade will keep leaves from scorching.	4 - 8
Oregano, Greek	<i>Origanum vulgare hirtum</i>	Perennial. Ht. 2'. Grey-green, hairy leaves and small white flowers. Very intense flavor. Full sun.	5 - 11
Oregano, Hot & Spicy	<i>Origanum vulgare</i>	Perennial. 18" x 18". Rounded, grey-green foliage and pink flowers. Strong and spicy flavor. Full sun.	6 - 10

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Oregano, Italian	<i>Origanum x majoricum</i>	Perennial. Ht. 1-2'. Milder flavor than Greek oregano with hints of marjoram. Attractive, mounding growth habit. Aromatic, 1" leaves and spikes of tiny white flowers in early summer. Pinch it back before flowering to encourage bushiness. Full sun.	6 - 9
Oregano, Mexican	<i>Lippia graveolens</i>	Annual or Tender Perennial (overwinter indoors). Ht. 4'. Aromatic, oval leaves with scalloped edges and tiny, white, tubular flowers that attract bees. Though not a true oregano, it is the one most used, both fresh and dried, for cooking in Mexico. Also used in teas. It has a stronger and hotter flavor than <i>Origanum vulgare</i> . Full sun.	8 - 11
Oregano, Pizza	<i>Origanum v. hirtum</i>	Perennial. 14" tall x 20" wide. Round, fuzzy leaves and white flowers. This oregano is a variety of Greek or Italian oregano. Spicy and fragrant, the flavor intensifies once the herb is dried. Dried or fresh, it is the perfect fresh oregano to sprinkle onto a pizza. Full sun.	5 - 9
Oregano, Santa Cruz	<i>Origanum vulgare</i>	Perennial. 18" x 18". Dark green leaves with fine flavor. Dusty pink flowers attract pollinators and look great in dried arrangements. Edible and ornamental. Full sun.	5 - 9
Oregano, Supreme	<i>Origanum vulgare</i>	Perennial. Ht. 10". Trailing habit. Highly aromatic and essential in Italian dishes. Full sun.	5-10
Oregano, Variegated	<i>Origanum vulgare</i>	Perennial. Creeping variety with green and white variegated leaves, blooms white in summer. Grows 8 in. high x 16 in. wide, beautiful in the garden or in a container. Very aromatic culinary oregano, can be used fresh or dried. Full sun.	5 - 9
Parsley, Curled	<i>Petroselinum crispum</i>	Biennial (may self-sow). Ht. 1-3'. (if allowed to bloom). Tightly curled green leaves are beautiful, nutritious, and flavorful. Used in cooking, salads, and for garnishes. Full sun.	6 - 9
Parsley, Flat Leaf	<i>Petroselinum crispum var. neapolitanum</i>	Biennial (may self-sow). Ht. 1-3'. (if allowed to bloom). Large, flat, deep green leaves. The favorite of cooks. Nutritious and flavorful. Full sun.	6 - 9
Poliomintha, Mexican	<i>Poliomintha longiflora</i>	Tender perennial (overwinter indoors). Ht. 3'. Glossy, narrow leaves and showy, tubular, lavender/pink flowers are attractive to pollinators. Strong, oregano-like flavor is good in Mexican dishes. Full sun to part shade.	8-10
Rosemary		Rosemary is an intensely flavored herb used in cooking meat, fish, fowl, savory baking, and as an ingredient in <i>bouquet garnis</i> for soups and stews. The flowers, more delicately flavored than the leaves, can be used in salads. Requires excellent drainage, a sheltered, southern exposure, and winter protection. Recent DNA research suggests rosemary may be a member of the <i>Salvia</i> genus. If that proves true, its botanical name will change to <i>Salvia rosmarinus</i> .	
Rosemary, Arp	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 3-5'. Grey-green, needle-shaped, aromatic foliage. Pale blue flowers on tall, upright stems. Excellent culinary herb. One of the hardiest cultivars. Full sun.	6-7 - 10
Rosemary, Barbecue	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 3-5'. Long, broad, bright green leaves are aromatic and flavorful and flowers are a clear blue. Sturdy, straight branches are perfect for grilling skewers that infuse meat and vegetables with flavor. Full sun.	8 - 10
Rosemary, Blue Lagoon	<i>Rosmarinus officinalis</i>	Tender Perennial. 12-24" tall x 16-32" wide. Dark green, narrow foliage and dark blue flowers. Creeping, semi-prostrate habit looks very pretty cascading in a pot. Aromatic and flavorful. Full sun.	7 - 10

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Rosemary, Boule	<i>Rosmarinus officinalis prostratus</i>	Tender Perennial. 2' x 2'. Deep green, flavorful leaves and blue flowers. Grows in a mound with branches that will spill over a wall or container. Full sun.	8 - 10
Rosemary, Foxtail	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 3-4'. Dark green leaves and bright blue flowers. Fragrant and flavorful. Unusual plume-like growth from base. Full sun.	7 -10
Rosemary, Gorizia	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 30". Long, broad leaves and lovely, large, light blue flowers. An upright, almost columnar variety. Sweet, gingery aroma and flavor make it superb in recipes. Full sun.	7 - 11
Rosemary, Haifa	<i>Rosmarinus officinalis prostrata</i>	Tender Perennial. Ht. 4" x several feet wide. Dark green, needle-like leaves and pale blue flowers. A creeping, carpet-like rosemary great for a hanging basket. Strong flavor and fragrance. Full sun.	8 - 11
Rosemary, Hill Hardy	<i>Rosmarinus officinalis</i>	AKA Madeline Hill. Tender Perennial. 3' tall x 2' wide. Fragrant, spiky, gray-green leaves and pale blue flowers. Upright, vigorous, cold hardy and drought tolerant. Full sun.	6 - 11
Rosemary, Huntington Carpet	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 1-2' and can spread 8' in optimal conditions (i.e. warmer climates). Spiky green, fragrant foliage and blue flowers. Trailing habit makes an interesting addition to mixed planters. Great culinary rosemary. Full sun.	7 - 10
Rosemary, Marianne	<i>Rosmarinus officinalis</i>	Tender Perennial. 4' tall x 3' wide. Upright variety with narrow, dark green leaves, and ice blue flowers. Cuttings donated by Marianne Williams, who has grown this rosemary in Boise for years. Hardiness still to be determined, but it has lived outdoors in our Legacy Garden for 4 years. Full sun.	6-7 - 10
Rosemary, Inguano Blue	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 40-48". Broad, aromatic leaves. Plants have an upright habit and are excellent for culinary use. Full sun.	7-10
Rosemary, Irene	<i>Rosmarinus officinalis</i>	Tender Perennial. 12-18" tall x 24-36" wide. Foliage has nice aroma. Best for ornamental purposes. Makes an attractive addition to mixed plantings. Full sun.	8-10
Rosemary, Perigord	<i>Rosmarinus officinalis</i>	Tender Perennial. 40" tall. Gray-green foliage and an upright, dense habit. Aromatic and good flavor for cooking. Full sun.	7-10
Rosemary, Salem	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 2-3'. Silver-green leaves and pale blue flowers. Upright, mounded for. Aromatic, flavor less piney than some. Full sun.	7 - 10
Rosemary, Spice Island	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 4-5'. Silver green foliage and dark blue flowers. Upright habit. Excellent flavor. Full sun.	8-10
Rosemary, Tuscan Blue	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 4-5'. Upright, columnar form, deep green leaves, and blue-violet flowers. Loved by cooks. Full sun.	8 - 10
Rosemary, Upright Blue	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 4'. Long, broad, green leaves and blue flowers. Aromatic and flavorful. Full sun.	7 - 10
Rosemary, Upright Rose	<i>Rosmarinus officinalis</i>	Tender Perennial. Ht. 4 ft. Long, broad, green leaves and rose-colored flowers. Aromatic and flavorful. Full sun.	7 - 10

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Saffron	<i>Crocus sativa</i>	A beautiful, fall blooming crocus, blue/purple with crimson stigmas (the long, wiry parts and not the pollen-producing stamens). The stigmas are the very expensive filaments that you get when you buy saffron at the store. If you have a couple dozen saffron crocus corms you can harvest enough for a few spectacular meals, and the corms will multiply yearly, so that eventually you will have plenty. Carefully pick the 3 stamens with your fingers or tweezers, dry them in a warm location, store in an airtight glass jar. To use, steep stigmas in a hot liquid (what liquid depends on the recipe) for 20 minutes, then add the liquid and stigmas to whatever you are making (most recipes only call for a tiny amount of saffron). Now you are ready to make paella and more! [PS Do not use other varieties of autumn crocuses, <i>Colchicum autumnale</i> , because they are toxic.]	6 - 9
Sage, Berggarten	<i>Salvia officinalis</i>	Perennial. Ht. 2'. Large, rounded, fuzzy, grey-green leaves with great flavor and scent. Dries very nicely. Purple spikes of blooms are rare, which extends the life of the plant and results in greater leaf production. Full sun.	5 - 11
Sage, Berggarten Variegated	<i>Salvia officinalis</i>	Perennial. 2' high x 3' wide. Beautiful, slender, blue-green and white variegated leaves. Excellent culinary sage. Drought tolerant, deer resistant, attractive to beneficial insects. Prune out any parts that revert to plain green. Full sun.	5 - 9
Sage, Garden	<i>Salvia officinalis</i>	Perennial. Ht. 3'. Leaves are thin and long, can be used fresh or dried for cooking, herbal remedies. Beautiful, edible, purple flowers - one of the prettiest salvias. Great culinary sage. Try the flowers battered and fried or cooked in rice, egg, or cheese dishes. Also interesting as a garnish for salads and pizza. Full sun.	5 - 11
Sage, Grower's Friend	<i>Salvia officinalis</i>	Perennial. Ht. 3'. Large, green, flavorful leaves and reddish stems. Native to Eastern Europe, rarely blooms, and upright habit. An outstanding culinary sage. Full sun.	5 - 8
Sage, Icterina	<i>Salvia officinalis</i>	AKA Golden Sage. Perennial. Ht. 16". Very attractive, variegated green and yellow leaves and light purple flowers. A native of the Balkan Peninsula. Beautiful and delicious. Full sun.	5 - 11
Sage, Nazareth	<i>Salvia officinalis</i>	Perennial. Ht. 12". Elongated, fuzzy, silvery leaves and beautiful, pale purple flowers. Bred in Israel. Compact growth habit is nice for edging or containers. Somewhat less hardy than other culinary sages. Full sun.	6-7 - 8
Sage, Nana Dwarf	<i>Salvia officinalis</i> 'Nana'	Perennial. Ht. 12". Leaves are smaller and narrower than species. Flowers are blue/lavender. Compact habit. Great flavor. Full sun.	5-11
Sage, Purple	<i>Salvia officinalis purpurascens</i>	Perennial. Ht. 2'. All the excellent attributes of culinary garden sage but with beautiful purple leaves and, rarely, mauve-blue flowers. Full sun.	5 - 11
Sage, Silver Scent	<i>Salvia officinalis</i>	NEW! Perennial. Ht. 21-24". Large, silver green leaves and blue flowers in spring. Mounding habit. Lovely fragrance and excellent for culinary use.	5-9
Sage, Tricolor	<i>Salvia officinalis</i>	Perennial. Ht. 2'. Unusual, irregularly variegated leaves of pink, green, and cream. Makes a nice garnish, tastes great, and is ornamental in the garden. Full sun.	5 -11
Sage, Turkish	<i>Salvia heldreichiana</i>	Perennial. Ht. 2'. Large, silver-green leaves are very fragrant. Tidy, mounding habit. Full sun.	

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Sage, Honey Melon	<i>Salvia elegans</i>	Annual or Tender Perennial (winter indoors). 2' high x 2' wide. The earliest and longest blooming of the <i>Salvia elegans</i> sages. Has bright red flowers hummingbirds love and the scent of a honeydew melon. Delicious for tea. Cut back older stems to the ground to encourage continual flowering. Works well as house plant. Full sun to part shade.	9 - 11
Sage, Pineapple	<i>Salvia elegans</i>	Annual or Tender Perennial (winter indoors). Ht. 36". Beautiful, bright green leaves with the scent of pineapple are used in teas and potpourris. Wonderful, edible red flowers taste like honeysuckle. Big attractor of hummingbirds and butterflies. Full sun.	8 - 11
Sage, Tangerine	<i>Salvia elegans</i>	Annual or Tender Perennial (winter indoors). Ht. 18-24". Rounded, green leaves have the scent of tangerines (actually, more like orange Jello) and make a fabulous tea. Leaves and flowers can be added to salads, drinks, cheeses, and potpourris. Flowers look great as an edible cake decoration. Less upright habit than the other fruity sages. Attracts hummingbirds and butterflies. Full sun.	9 - 11
Savory, Summer	<i>Satureja hortensis</i>	Annual. Ht. 12-18". A mildly spicy, peppery herb with long, narrow leaves and pink-lavender to white flowers. Use fresh or dried in cooking meat, soups, legumes, vegetables, stir-fries, and in salads. Blends well with other herbs. Full sun.	
Savory, Winter	<i>Satureja montana</i>	Perennial. Ht. 12". A small, shrubby herb with narrow green leaves that are spicy, peppery, and aromatic. Mixes well with other herbs in almost any fish, meat, or fowl recipe, and is great in herb cheese, sautés, soup, or beans. Cut back old branches to the ground occasionally to promote bushier growth. Full sun.	5 - 11
Shiso (Red or Green)	<i>Perilla frutescens</i>	Annual. Ht. 18-30". Leaves and flowers used in Asian dishes, sushi, salads. Great with fish, rice, noodles, and cucumbers. Spicy flavor and aroma with hints of basil, cinnamon, clove, mint, and cumin. Very beautiful in the garden. Full sun.	
Sorrel, French	<i>Rumex scutatus</i>	Perennial. Ht. 6-12". Lemony, leafy green used as both an herb and a vegetable. Delicious sautéed or in soups and sauces. Baby leaves are great in salads and sandwiches. Pale green leaves are smaller than garden sorrel, about 3 in. long. Sun to part shade.	6 - 10
Sorrel, Garden	<i>Rumex acetosa</i>	Perennial. Ht. 2'. Tangy, lemony leaves are high in vitamin C. Use sparingly for soups, egg dishes, and sauces. Use young leaves fresh, and dry older leaves for cooking. Full sun.	3 - 11
Sorrel, Red Veined	<i>Rumex sanguineus</i>	Perennial. Ht. 12". Tangy leaves have beautiful red veins. Use in same way as other <i>Rumex</i> sp. Cut back flower stems to promote leaf production.	4-8
Spilanthes	<i>Spilanthes oleracea</i> or <i>Acmella oleracea</i>	AKA Toothache Plant, Buzz Buttons, Ting Flower, and Electric Daisy. Annual. 12-15" high x 18" wide. A cute little plant whose red and yellow flowers look like a bullseye. Gets its name from the numbing effect on the mouth when the flower is chewed. Used by herbalists as an analgesic, antiseptic, anti-inflammatory, and anti-fungal. Full sun to part shade.	
Stevia	<i>Stevia rebaudiana</i>	AKA Sweet Leaf. Annual or Tender Perennial (overwinter indoors). Ht. 18-30". Bright green, thick, serrated leaves. Popular sugar-free sweetener. It is sweeter than sugar but with no calories and causing no rise in blood sugar. Use fresh, dried, powdered, or as an infusion. Full sun.	9 - 11

Herbs 2024

Herb	Botanical Name	Plant Description	USDA Zones
Sweet Woodruff	<i>Galium odoratum</i>	Perennial. Ht. 8-10". Bright green leaves in whorls and tiny white flowers. A beautiful groundcover herb. Used in the olden days to make May wine, now used in potpourris, wreaths, and sachets because its subtle vanilla fragrance increases as it dries. Shade to part shade..	5 - 9
Tarragon, French	<i>Artemisia dracunculus</i>	AKA Licorice Vine. Perennial. Ht. 36". Dark green, narrow leaves have a subtle, spicy, anise flavor. Great with eggs, meat, poultry, vegetables, sauces, vinegars, marinades, and in herbal blends. When harvesting, cut stems back to the ground to encourage growth. Full sun.	4 - 7
Tarragon, Texas	<i>Tagetes lucida</i>	AKA Mexican Mint Marigold. Annual. Ht. 14-30". A sturdy plant with long, thin, dark green leaves and pretty, golden yellow flowers. Slightly sweeter than French tarragon, and the licorice flavored flowers make a great garnish for desserts and drinks. Full to part sun.	
Thyme	All thymes have tiny flowers that are attractive to beneficial insects. They are also deer and drought resistant. The thymes we offer in the herb department are all culinary thymes and make beautiful additions to the garden. The perennials department offers "stepable" groundcover thymes. Thyme may be pruned back by 1/3 in spring if not cut back previous season for harvest.		
Thyme, Archers Gold	<i>Thymus pulegioides</i>	Perennial. Ht. 8". Narrow leaves with yellow margins have a nice lemon flavor. Use on fish, chicken, or in fruit salads. Pink flowers are attractive to pollinators. Creeping habit. Full sun.	6 - 9
Thyme, Caborn Wine and Roses	<i>Thymus vulgaris</i>	Perennial. 2" tall by 12" wide. Dark green, rounded leaves and bright reddish-pink flowers - a carpet of flowers in late spring. Leaves have great flavor. Plant is perfect for a colorful edging to your herb or vegetable garden. Full sun.	6 - 9
Thyme, Caraway	<i>Thymus herba-barona</i>	Perennial. 3-6" tall by 12" wide. Small, dark green leaves and clusters of pink flowers. Low growing, creeping habit. Caraway seed fragrance. Full sun.	4 - 8
Thyme, Cascata Lemonade	<i>Thymus x citriodorus</i>	Perennial. Ht. 4". Clusters of pink flowers and bright green, narrow leaves have a delightful lemon flavor. Cascading habit makes this variety an ornamental, edible accent in mixed planters. Part sun.	5 - 9
Thyme, Compact	<i>Thymus vulgaris 'Compactus'</i>	Perennial. Ht. 6". Narrow leaves and white flowers in clusters. Classic thyme flavor. Excellent fresh or dried. Full sun.	6 - 10
Thyme, Creeping Lemon	<i>Thymus x citriodorus</i>	Perennial. 6" tall by 14" wide. Dark green leaves, white flowers. A wonderful creeping thyme with a strong aroma and flavor of lemon. Great for recipes and tea. Full sun.	6 - 9
Thyme, Doone Valley	<i>Thymus x citriodorus</i>	Perennial. Ht. 12-18". Green/gold variegated leaves contrast nicely with purple flowers. Lemon scented. Spreading habit. Full sun.	5 - 9
Thyme, English	<i>Thymus vulgaris</i>	AKA Winter Thyme. Perennial. Ht. 12". Broad, dark green leaves and white flowers. Has a strong aroma and classic thyme flavor. Excellent fresh or dried. Vigorous grower. Full sun.	3 - 9
Thyme, English Wedgewood	<i>Thymus vulgaris</i>	Perennial. Ht. 12". Large, easy to harvest, dark green leaves have a golden center. Named for Wedgewood china pattern. Flowers are lavender. Flavor is more mild than English thyme. Full sun.	5 - 9
Thyme, Faustinoi	<i>Thymus vulgaris</i>	Perennial. 8" tall by 16". A dwarf French thyme that is compact and upright with pink flowers and tiny, deep green, aromatic leaves. Produces hundreds of little branches which can be snipped, bundled with other herbs, and dropped into soups and stews for excellent flavor. Full sun.	6 - 9

Herbs 2024

Herb	Botanical Name	Plant Description	USDA Zones
Thyme, Foxley	<i>Thymus pulegioides</i>	Perennial. 8" tall by 16" wide. Unusual thyme with broad, round, shiny leaves irregularly variegated green and cream with hints of pink. Both beautiful and flavorful, the leaves are easy to pick. Pink flowers. Full sun.	5 - 9
Thyme, French	<i>Thymus vulgaris</i>	AKA Summer Thyme. Perennial. Ht. 12". Fragrant, narrow leaves are sweeter than English thyme. Essential for French cooking and herbal blends. White flowers. Full sun.	5 - 8
Thyme, Hi Ho Silver	<i>Thymus arsentus</i>	Perennial. 6-12" tall by 8-12" wide. White and silver green variegated foliage makes this a winning accent in mixed plantings. Upright habit an classic thyme flavor. Full sun.	5 - 10
Thyme, Garden	<i>Thymus vulgaris</i>	Perennial. Ht. 12". Narrow, green leaves have strong flavor and aroma. Excellent for culinary use. White flowers. Full sun.	3 - 9
Thyme, Lavender	<i>Thymus thracicus</i>	Perennial. Ht. 10". Lavender flowers in summer. Classic thyme flavor with notes of lavender. Nice in potpourris. Creeping habit. Full sun.	5 - 9
Thyme, Lemon	<i>Thymus citriodorus</i>	Perennial. Ht. 12 in. Glossy green, rounded leaves with the taste and scent of lemon can be used in any recipe calling for lemon juice, lemon zest or lemon flavoring. Pink flowers. Full sun.	4 - 11
Thyme, Lime	<i>Thymus x citriodorus</i>	Perennial. Ht. 6-12". Emerald green foliage, white flowers, citrusy fragrance. Lovely in a pot or as a ground cover. Full sun.	5 - 9
Thyme, Orange	<i>Thymus fragrantissimus</i>	Perennial. 4-6" tall by 8-10" wide. Narrow, grey-green leaves have a strong orange scent and sweet flavor. Great with fish, vegetables, in desserts, and for teas. Pink flowers. Full sun.	5 - 9
Thyme, Pizza	<i>Thymus nummularius</i>	Perennial. 6-8" tall by 8-10" wide. Shiny, dark green leaves have a thyme/oregano flavor that is great for pizza, pasta, and other tomato dishes. Full sun.	5 - 10
Thyme, Rose Scented	<i>Thymus x Rose Scented</i>	Perennial. Ht. 6-12". Dark green foliage is shaped like tiny spear tips. Dark pink flowers. The scent is a combination of warm and spicy traditional thyme and the sweet scent of old fashioned roses. Has culinary, mixology, and skin care uses and makes a wonderful, healing tea. Full sun.	5 - 9
Thyme, Silver Posie	<i>Thymus vulgaris</i>	Perennial. 6" tall by 16" wide. Grey-green leaves variegated with silver and a hint of pink. Lavender flowers. Compact habit. A charming addition to the herb garden and outstanding for cooking. Full sun.	6 - 9
Thyme, Snowdrift	<i>Thymus serpyllum</i>	Perennial. 1" tall by 24" wide. A beautiful creeping thyme that is also a delicious for cooking. Blooms white, and foliage is deep green. A lovely addition to your herb garden or as a ground cover or cascading out of a pot. Full sun to partial shade.	4 - 9
Thyme, Spicy Orange	<i>Thymus x citriodorus</i>	Perennial. 2-4" tall by 9-12". Needle-like leaves and pale lavender flowers. Has a spicy orange scent that goes well in fish and chicken dishes. Full sun.	5 - 9
Thyme, Variegated Lemon	<i>Thymus x citriodorus</i>	Perennial. 6" tall by 8" wide. Leaves are green with golden margins with a fresh, lemon scent. Flowers are pink. Compact habit. Full sun.	6 - 9
Valerian	<i>Valeriana officinalis</i>	Perennial. Ht. 4-6.5' Pink umbellate flowers are sweetly scented and attract beneficial insects. Roots are used (with caution) in herbal medicine as a calming sedative, often in tea, although the awful taste must be disguised with other flavorings. Full sun.	3 - 9
Viola, Queen Charlotte	<i>Viola odorata</i>	Perennial. 1/2", deep purple, sweetly scented flowers in spring. Flowers are edible and can be candied, added fresh to salads, or used to decorate baked goods. Part shade.	4 - 9

Herbs 2024

Herb	Botanical Name	Plant Description	USDA Zones
Yerba Buena	<i>Satureja douglasii</i>	Annual or Tender Perennial (winter indoors). Ht. 4" tall by 60" spread. A trailing, minty herb that is wonderful in a hanging basket or as a fragrant groundcover. Fresh green leaves make a delicious, relaxing tea. Small white flowers. Shade to part shade (morning sun, afternoon shade).	8- 10
Za'atar	<i>Majorana syriaca</i>	Annual or Tender Perennial (winter indoors). Ht. 16". Grey-green, fuzzy leaves have a spicy flavor described as a combination of oregano, thyme, and marjoram. White flowers are also used as seasoning. A delectable Middle Eastern herb used in hummus, dips, soups, with meats, and in breads. Full sun.	8 - 10